Slip and Fall Prevention for Employees Quiz

1. If you are involved in a slip, trip or fall incident, you should report it to your supervisor even if you aren't injured.
   (X) True  ( ) False

2. Which of the following techniques can be used to help eliminate slip, trip and fall injuries associated with manually carrying items?
   ( ) Use material handling aids such as carts and dollies
   ( ) Limit the amount of items you carry to ensure you can still see where you are going
   ( ) Walk the path to your destination in advance to make sure it is clear
   (X) All of the above

3. You need to change a light bulb in the storage building behind your facility. The only ladder you can find in the storage building is an 8’ stepladder, which requires you to stand on the top step in order to reach the light fixture. You should:
   ( ) Use the 8’ stepladder, as it allows you to complete the job quickly
   ( ) Use the 8’ stepladder, but have another employee hold it steady for you
   (X) Get a taller ladder from the main facility that allows you to complete the job safely
   ( ) None of the above

4. When walking on snow and/or ice, which of the following techniques can be used to reduce the risk of slips and falls?
   ( ) Walk in designated areas as much as possible, avoiding unsafe shortcuts
   ( ) Take short steps, almost to the point of shuffling or stomping your feet
   ( ) Bend your knees a bit and lean forward as you walk so you can react quickly to changes in traction
   (X) All of the above
5. Which of the following is NOT an example of good housekeeping?

(X) Picking up items, such as boxes, that have been left in walkways
(X) Laying all your tools out on the floor to easily locate the one you need for the job
( ) Cleaning up spills immediately
( ) Sweeping up piles of dirt and debris, and disposing of them in the trash

6. If you must run electrical cords in work areas, you can help prevent slips and falls by limiting their use to times of the day that are less busy, such as after business hours.

(X) True  ( ) False

7. You should always follow the manufacturer’s instructions for mixing cleaning products.

(X) True  ( ) False

8. When entering a building during winter weather, which of the following techniques should be used to reduce the risk of slips and falls to you and your coworkers?

( ) Kick off snow and ice outside the building
( ) Wipe your shoes thoroughly on the wiper mats
( ) Pay attention to wet floor signs
(X) All of the above

9. Wearing footwear such as flip flops, spiked heels or shoes with smooth leather soles can make you more likely to slip and fall.

(X) True  ( ) False

10. When you spot a hazard, what is the best way to respond?

(X) Fix it right away if you can do so safely
( ) Ignore it until someone else fixes it
( ) Put it on your list of things to fix or report later