EMC wants to make it easy and affordable for you to create a corporate wellness program. That’s why we’ve partnered with the American Institute for Preventive Medicine (AIPM), an award-winning provider of resources that educate and motivate employees.

**Program Benefits**

AIPM has a proven return on investment—studies of their services have shown significant reductions in health care costs and absenteeism. Corporate wellness programs can also help your company:

- Boost employee satisfaction
- Generate greater health awareness
- Increase productivity
- Recruit top talent
- Save money
- Show your commitment to employee well-being

**Tailored or Turnkey Products and Services**

From their expansive Total Health Program™ to cost-effective supplementary products, AIPM offers a wide variety of customizable solutions, such as:

- Calendars
- Health Challenges
- Health Coaching
- Mobile App and Health Portal
- Newsletters
- Nurse Advice Line
- On-Site Coordinators
- Online Videos
- Posters, Fliers and Brochures
- Screenings and Risk Assessments
- Self-Care Guides and Workshop
- Sleep Enhancement
- Stress Management
- Tobacco Cessation
- Weight Loss and Nutrition Programs

**Ready To Get Started?**

EMC policyholders receive a 5% discount on AIPM services and products. Contact AIPM at aipm@healthylife.com or call 800-345-2476 and tell them you are an EMC Insurance Companies policyholder to discuss services and products.