

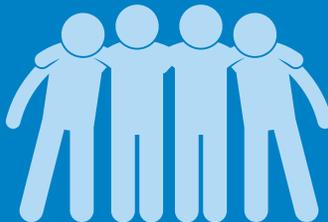


Injury Management for Small Businesses

Having an effective injury management approach can help your organization better respond to an employee injury, which can save time and resources, and return the employee to the job sooner and safer.



Saves Time and Money



Boosts Employee Morale



Less Downtime and Lost Productivity



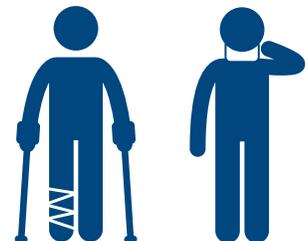
Preparing Your Organization

1. Identify a select, preferred or managed care medical provider*
2. Review injury data to identify jobs with injuries that have required your workers to take time away from work
3. Identify some predetermined transitional jobs or job modifications in your workplace
4. Establish steps to take when an injury occurs, then train workers and supervisors on how to report an injury and correctly follow the injury management process



Responding to an Injury

1. Make early contact with the medical provider
2. Assist the worker in completing the necessary paperwork
3. Work with the medical provider to determine a transitional job for the employee within the employee's restrictions



Returning the Injured Employee to Work

1. Regularly check in with the employee and address any questions or concerns
2. Make sure the employee is adhering to the prescribed work restrictions
3. Continue to monitor the employee until he/she is released by a medical provider to return to the full, regular position

How Can EMC Help?

Nearly 60 percent of job accommodations cost nothing, and the rest typically cost around \$500.¹



Online Training

- Defensive Driving
- Forklift Basics
- Ladder Safety
- Preventing Slips, Trips and Falls



Safety Program Templates

- Accident Investigation
- Pework Screening
- Return to Work
- Industrial Ergonomics



Expert Help Finding Medical Providers and Identifying Transitional Work

- Complete Safety Audits
- Inventory Parts and Supplies
- Seasonal Tasks



Improve Your Injury Management Program

Create Job Descriptions • Conduct Pework Screening • Start a Wellness Program



Who Do I Contact?

To access online resources, go to www.emcins.com and select **Loss Control**.
For help identifying transitional work, email injurymgmt@emcins.com.
For help finding a medical provider, email claims.spp@emcins.com.

¹Each state's laws differ regarding the extent that an employer can direct employees' healthcare and providers. Consult your organization's legal counsel or your state workers' compensation board to determine the level and extent this program can be implemented.
www.askjan.org