



# SAFETY BRIEF

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## SLIPS, TRIPS AND FALLS: MATS, RUGS AND SPILLS

Slips, trips and falls are the leading cause of injuries in the workplace and at home. People often don't think about mats as a culprit, but improperly placed or maintained mats can cause just as many accidents as spills. Follow these tips to help reduce the risk of a slip, trip or fall.

### SAFETY TIPS FOR MATS AND RUGS

- Position mats so they create a smooth, level walking surface
- Adjust mats if edges do not lay flat
- Report damaged mats or rugs
- Remove excess moisture from mats and rugs on a regular basis
- Inform your supervisor of any mat- or rug-related accidents
- Thoroughly wipe your shoes on entrance mats or rugs to reduce excess water
- Place mats in locations prone to moisture to help prevent slipping

### SAFETY TIPS FOR SPILLS

- Turn on lights when entering a room to help spot liquids on the ground
- Report any hazardous spills
- Immediately clean up any spills on the floor
- Place an item over or block the spill so others do not slip while you gather cleaning supplies
- Place a caution sign near the spill while it's drying and then remove—people will disregard the sign if it's there too long
- Wear proper footwear to help prevent slips
- Regularly mop up areas with frequent spills using a microfiber mop



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