



# SAFETY BRIEF

## 6 REASONS TO WEAR YOUR SEAT BELT

One of the best ways to ensure a safe driving trip is to wear your seat belt at all times. Here are 6 reasons to buckle up when you get into your car.

1. **It can save your life.** You are less likely to die in an accident if you wear a seat belt. Wearing a seat belt increases your chance of survival by more than 50%.
2. **It's the law.** If you're caught not wearing a seat belt, you could be ticketed and fined.
3. **Air bags are less effective.** Air bags are meant to work in conjunction with seat belts. If you aren't wearing your seat belt, your air bags may be nearly useless because your body may not remain in a position that benefits from the protection of an air bag.
4. **You are less likely to be ejected from a vehicle.** Studies show that not wearing a seat belt makes you 30 times more likely to be ejected in an accident.
5. **Seat belts are the No. 1 vehicle safety device.** There are numerous new technologies that promise to increase safety, but none compare to the seat belt.
6. **It's easy to buckle up.** Buckling your seat belt takes seconds and can save your life.

### GET A GOOD FIT

- Make sure the lap belt is resting across your hips and below your stomach.
- Wear the shoulder belt over your collarbone and away from your neck.
- Never wear the shoulder belt behind your back or under your arm.
- If your seat belts aren't working properly, take your vehicle to an auto shop immediately.



**WEARING A SEAT BELT INCREASES  
YOUR CHANCE OF SURVIVING A CAR  
ACCIDENT BY MORE THAN 50%**



Home Office: 717 Mulberry St. | Des Moines, IA 50309 | 800-447-2295 | [www.emcins.com](http://www.emcins.com) |

Disclaimer: This material is designed and intended for general information purposes only, and is not intended, nor shall be construed or relied upon, as specific legal advice.  
©Copyright Employers Mutual Casualty Company 2016. All rights reserved. RI0320