



SAFETY BRIEF

FIRST AID AND BLOODBORNE PATHOGENS

Know how to protect yourself from bloodborne pathogens. You can be exposed to these dangers through unprotected contact with blood and bodily fluids when helping injured coworkers.

HOW TO PROTECT YOURSELF

- Treat all blood and bodily fluids as if they are contaminated
- Never touch potentially infectious materials with your bare hands
- Wear protective equipment such as latex gloves, a mask and a plastic visor
- Use a pocket mask when administering artificial respiration
- Cover any cuts, scrapes or broken skin with a bandage to prevent contact with bloodborne pathogens
- Remove contaminated gloves by turning them inside out
- Wash your hands after removing any form of personal protective equipment (PPE)
- Discard sharp objects and used PPE in the appropriate biohazard receptacle
- Receive the Hepatitis B vaccine

IF YOU ARE EXPOSED

1. Immediately wash exposed skin with soap and water
2. Do not use scrubs or soaps that can open sores or scabs
3. If you are splashed in the eyes, nose or mouth, flush the area with water
4. Remove your contaminated clothing
5. Report the incident to your supervisor
6. Get a blood test by a medical professional to determine whether you've been infected with a bloodborne pathogen



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