

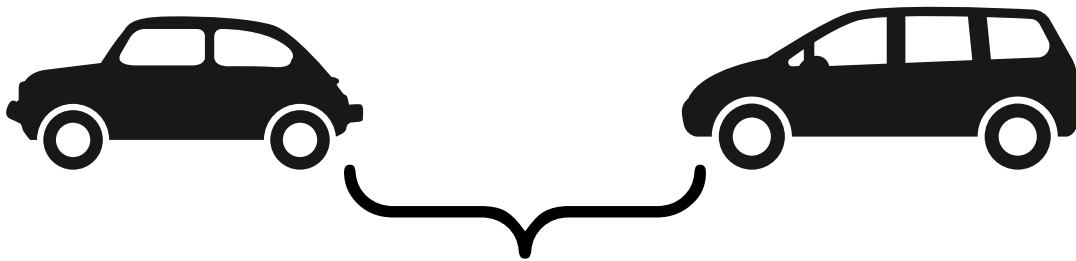


SAFETY BRIEF

WINTER DRIVING TIPS FOR COMMERCIAL DRIVERS

When traveling in colder climates during the winter, commercial drivers need to be ready to encounter some potentially treacherous conditions. Follow these tips to help ensure a safe trip:

- Equip your vehicle with necessary supplies such as chains, bungees, waterproof gloves, flashlights, boots with good traction, ice melt, anti-gel, reflective vests and extra washer fluid.
- Always monitor the weather and plan your trip accordingly. Chart fuel and meal stop locations and allow extra time for delays.
- Check the following before each trip: wiper blades, tire tread, light bulbs, washer fluid, radiator coolant and hoses.
- Keep your windows and headlights clear of snow and ice.
- Make sure you are well rested. Fatigued driving is dangerous driving.
- Adjust your speed if there is minimal visibility or if roads are wet, icy or snowy. You need more time to react when driving in winter weather.
- Increase your following distance to allow for extra braking time.
- Brake and accelerate lightly.
- Be on the lookout for black ice, especially under bridges, overpasses or shaded areas.
- If stranded or stuck, stay in your vehicle.
- Maintain three points of contact when getting in and out of the vehicle. Steps will likely be slippery.
- If conditions look bad, don't risk it. Get off the road and notify your supervisor.



Increase following distance to 8-10 seconds when driving in winter weather.



Home Office: 717 Mulberry St. | Des Moines, IA 50309 | 800-447-2295 | www.emcins.com |

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